



Alfredo Shrimp and Sauce - 11072

Nutrition Facts

Serving Size about 8 shrimp (113g/4 oz)

Servings per Container 3

Amount per Serving

Calories 110 Calories from Fat 40

		% Daily Value*
Total Fat	4.5g	7%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	85mg	28%
Sodium	470mg	20%
Total Carbohydrate	4g	1%
Dietary Fiber	0g	0%
Sugars	1g	
Protein	12g	

Vitamin A 4% Vitamin C 2% Calcium 6% Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram:

Fat 9 Carbohydrate 4

Protein 4