



Shrimp Poppers 6oz

Nutrition Facts

Serving Size about 20 pieces
(85g/3oz)
Servings Per Container 2

Amount per Serving

Calories 230 Calories from Fat 90

% Daily Value*

Total Fat 10g **16%**

 Saturated Fat 1.5g **8%**

 Trans Fat 0g

Cholesterol 55mg **19%**

Sodium 720mg **30%**

Total Carbohydrate 23g **8%**

 Dietary Fiber 2g **6%**

 Sugars 1g

Protein 12g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | Calories: 2,000 | 2,500 |
|--------------------|-----------|-----------------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



Snack Size Shrimp Poppers 10oz

| Nutrition Facts | Amount/Serving | % DV* | Amount/Serving | % DV* |
|---|---|------------|-------------------------------|-----------|
| | Total Fat 10g | 15% | Total Carbohydrate 22g | 7% |
| Serving Size about 20 shrimp (84g/3 oz) | Sat. Fat 1.5g | 8% | Dietary Fiber 2g | 6% |
| Servings Per Container about 3 | Trans Fat 0g | | Sugars 2g | |
| Calories 230 | Cholesterol 55mg | 19% | Protein 12g | |
| Fat Cal. 90 | Sodium 710mg | 30% | | |
| | Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 10% | | | |

| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | |
|--|-----------|---------|---------|--|
| Calories: 2,000 2,500 | | | | |
| Total Fat | Less than | 65g | 80g | |
| Sat Fat | Less than | 20g | 25g | |
| Cholesterol | Less than | 300mg | 300mg | |
| Sodium | Less than | 2,400mg | 2,400mg | |
| Total Carbohydrate | | 300g | 375g | |
| Dietary Fiber | | 25g | 30g | |
| Calories per gram: | | | | |
| Fat 9 • Carbohydrate 4 • Protein 4 | | | | |



Shrimp Poppers 25oz

| Nutrition Facts | |
|--|------------------------------|
| Serving Size about 20 pieces (85g/3oz) | |
| Servings Per Container 2 | |
| Amount per Serving | |
| Calories 230 Calories from Fat 90 | |
| % Daily Value* | |
| Total Fat 10g | 16% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 55mg | 19% |
| Sodium 720mg | 30% |
| Total Carbohydrate 23g | 8% |
| Dietary Fiber 2g | 6% |
| Sugars 1g | |
| Protein 12g | |
| Vitamin A 0% • Vitamin C 0% | |
| Calcium 2% • Iron 10% | |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| | Calories: 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Sat Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: | |
| Fat 9 • Carbohydrate 4 • Protein 4 | |