



## Tempura Shrimp 8.2oz

Nutrition Facts		Shrimp	Sauce																					
Serving Size		about 4 shrimp (85g/3 oz)	2 Tbsp (28g/1 oz)																					
Servings Per Container		2	2																					
<b>Amount per Serving</b>																								
<b>Calories</b>		190	50																					
Calories from Fat		80	0																					
		<b>% Daily Value*</b>	<b>% Daily Value*</b>																					
<b>Total Fat</b>	9g	<b>14%</b>	0g <b>0%</b>																					
Saturated Fat	1.5g	<b>8%</b>	0g <b>0%</b>																					
Trans Fat	0g		0g																					
<b>Cholesterol</b>	60mg	<b>20%</b>	0mg <b>0%</b>																					
<b>Sodium</b>	370mg	<b>15%</b>	220mg <b>9%</b>																					
<b>Total Carbohydrate</b>	17g	<b>6%</b>	14g <b>5%</b>																					
Dietary Fiber	0g	<b>0%</b>	0g <b>0%</b>																					
Sugars	1g		11g																					
<b>Protein</b>	9g		0g																					
		Vitamin A 2%	Vitamin A 0%																					
		Vitamin C 2%	Vitamin C 2%																					
		Calcium 4%	Calcium 0%																					
		Iron 8%	Iron 0%																					
<p>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</p> <table border="1"> <thead> <tr> <th></th> <th>Calories: 2,000</th> <th>2,500</th> </tr> </thead> <tbody> <tr> <td>Total Fat</td> <td>Less than 65g</td> <td>80g</td> </tr> <tr> <td>Sat Fat</td> <td>Less than 20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than 300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than 2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td>25g</td> <td>30g</td> </tr> </tbody> </table>					Calories: 2,000	2,500	Total Fat	Less than 65g	80g	Sat Fat	Less than 20g	25g	Cholesterol	Less than 300mg	300mg	Sodium	Less than 2,400mg	2,400mg	Total Carbohydrate	300g	375g	Dietary Fiber	25g	30g
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<p>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</p>																								